

April 2017

WJW Menu

*WG = Whole Grain

*Items highlighted are considered Georgia Grown

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| <p>3 Breakfast Whole Wheat Sweet Roll Cheese Stick Or WG Cereal /WG Toast W/Apple Sauce Fruit Juice/Milk Lunch Teriyaki Chicken Nuggets w/WG Roll Or Egg Roll Steamed Carrots Black Eyed Peas Pear Halves</p> | <p>4 Breakfast Steak Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Pineapple Chunks Orange Juice/Milk Lunch Chili w/WG Crackers Or Hot Dog on WG Bun Baked Potato Steamed Broccoli Apple Slices WG M&M Cookie</p> | <p>5 Breakfast Grilled Cheese Sandwich on WG Bread Or WG Cereal / WG Muffin W/Orange Slices Fruit Juice/Milk Lunch Oven Roasted Chicken Or BBQ Sandwich on WG Bun Mac & Cheese Green Beans Mixed Fruit</p> | <p>6 Breakfast Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly Fruit /Fruit Juice/Milk Lunch Cheeseburger on WG Bun Or Taco Pie Potato Wedges Garden Salad w/Tomatoes Chilled Apricots</p> | <p>7 Breakfast WG Blueberry Muffin w/Cheese Stick Or WG Cereal/WG Toast/Jelly W/Apple Slices Fruit Juice/Milk Lunch WG Pepperoni Pizza Or Chicken Sandwich On WG Bun Niblet Corn California Vegetables Fruit Cup w/Cool Whip</p> |
| <p>10 Breakfast WG Breakfast Pizza Or WG Cereal/WG Toast/Jelly W/Fruit Cup/Apple Juice Fruit Juice/Milk Lunch Beefaroni Or Chicken Nuggets Tiny Whole Potatoes Green Beans WG Bread Sticks Pear Halves</p> | <p>11 Breakfast Ham Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Orange Sections Fruit Juice/Milk Lunch Cheese Quesadillas Or WG Fish Filet Sandwich On WG Roll Baked Beans Garden Salad w/Tomatoes Pineapple Chunks</p> | <p>12 Breakfast WG French Toast Sticks w/Syrup Or WG Cereal/WG Toast/Jelly W/Fruit/Fruit Juice Milk Easter Lunch Oven Roasted Chicken Or Hot Dog on WG Bun Brown Rice Steamed Carrots Apple Slices WG Sugar Cookie</p> | <p>13 Breakfast WG Pancake Pup Or WG Cereal/WG Toast/Jelly W/Chilled Apricots Fruit Juice/Milk Lunch Pork Loin Or Chicken Bites Niblet Corn Turnip Greens Cornbread Banana</p> | <p>14 Breakfast Chicken Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit W/Apple Sauce Fruit Juice/Milk Lunch WG Pepperoni Pizza Or Cheeseburger on WG Bun Oven Fries California Vegetables Fruit Cocktail</p> |
| <p>17 Breakfast Steak Biscuit (WG) Or WG Cereal/WG Biscuit/Jelly W/Mixed Fruit Cup Fruit Juice/Milk Lunch WG Chicken Bites Or Baked Ham Lima Beans Mac & Cheese Apple Sauce</p> | <p>18 Breakfast WG Morning Sausage Roll Or WG Cereal/WG Toast/Jelly W/Chilled Strawberries Fruit Juice/Milk Lunch Grilled Cheese Sandwich On WG Bread Or Tuna Salad w/Crackers Potato Wedges Breaded Okra Banana</p> | <p>19 Breakfast Chicken Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Grapes/Fruit Juice/Milk Lunch Lasagna w/WG Noodles Or WG Pepperoni Pizza Niblet Corn Garden Salad w/Tomatoes Pineapple Chunks WG Chocolate Chip Cookie</p> | <p>20 Breakfast WG Blueberry Muffin w/Cheese Stick Or WG Cereal/WG Toast/Jelly W/Apple Slices Fruit Juice/Milk Lunch BBQ Sandwich on WG Bun Or WG Fish Filet Sandwich On WG Bun Baked Beans Yam Patties Orange Sections</p> | <p>21 Breakfast Egg Munchie w/WG Toast (use diced ham) Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk Lunch Cheeseburger on WG Bun Or Hot Wings w/Krystal Bun French Fries Steamed Carrots Fresh Fruit</p> |
| <p>24 Breakfast Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly w/Mixed Fruit Cup Fruit Juice/Milk Lunch Chicken Strips Or Salisbury Steak w/Gravy Mashed Potatoes Green Peas Krystal Bun Peach Cup</p> | <p>25 Breakfast WG Pancake Pup Or WG Cereal/WG Toast/Jelly w/Chilled Apricots Fruit Juice/Milk Lunch Spaghetti w/Bread Stick Or Toasted Ham & Cheese on WG Bread Niblet Corn Garden Salad Chilled Strawberries</p> | <p>26 Breakfast Breakfast Cup Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk Lunch Grilled Chicken Sandwich on WG Bun Or Nachos w/WG Chips Baked Beans Lettuce/Tom/Dill Spears Banana WG Sugar Cookie</p> | <p>27 Breakfast Grilled Cheese Sandwich On WG Bread Or WG Cereal /WG Toast w/Chilled Peaches Fruit Juice/Milk Lunch Mexican Fajitas Or Corn Dog Salsa w/Tortilla Chips Steamed Broccoli Frozen Strawberry Sidekick</p> | <p>28 Breakfast Egg Munchie w/WG Toast (use diced ham) Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk Lunch Cheeseburger on WG Bun Or WG Pepperoni Pizza Potato Wedges Steamed Carrots Orange Sections</p> |
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