

August 2016

WJW Menu

*WG = Whole Grain

1	2	3	4	5															
8	9	10	11	12															
15	16	17	18	19															
22	23	24	25	26															
29	30	31	Sept 1	Sept 2															
<p>Breakfast WG Cereal/WG Toast/Jelly W/Pear Slices Fruit Juice Milk</p> <p>Lunch BBQ Sandwich on WG Bun Or Hot Wings w/WG Breadsticks Yam Patties Black Eyed Peas Strawberry Applesauce</p>	<p>Breakfast WG Morning Sausage Roll Or WG Cereal /WG Toast W/Orange Slices Fruit Juice/Milk</p> <p>Lunch Beefaroni Or Egg Roll Niblet Corn Garden Salad w/Tomatoes WG Roll Pineapple Chunks</p>	<p>Breakfast Breakfast Cup Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk</p> <p>Lunch Chicken Strips w/WG Roll Or Hot Dog on WG Bun French Fries Green Peas Pear Slices</p>	<p>Breakfast Egg Munchie w/WG Toast Or WG Cereal/WG Biscuit W/Chilled Strawberries Fruit Juice/Milk</p> <p>Lunch WG Cheese Pizza Or Nachos w/WG Chips Oven Fried Okra Steamed Broccoli Banana</p>	<p>Breakfast Ham Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk</p> <p>Lunch Hamburger on WG Bun Or WG Toasted Ham & Cheese Sandwich Potato Wedges Lettuce/Tom/Dill Spears Peaches</p>	<p>Breakfast WG Breakfast Pizza Or WG Cereal/WG Toast/Jelly W/Fruit Cup/Apple Juice Milk</p> <p>Lunch Teriyaki Chicken Nuggets Or Hot Wings Steamed Carrots Black Eyed Peas WG Breadsticks Pear Slices</p>	<p>Breakfast Whole Wheat Sweet Roll Cheese Stick Or WG Cereal /WG Toast W/Apple Sauce Fruit Juice/Milk</p> <p>Lunch Spaghetti Or Egg Roll Niblet Corn Garden Salad w/Tomatoes WG Breadsticks Pineapple Chunks</p>	<p>Breakfast Steak Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Chilled Strawberries Orange Juice/Milk</p> <p>Lunch Chicken Strips w/WG Roll Or WG Corn Dog Steamed Carrots Green Beans Applesauce</p>	<p>Breakfast Grilled Cheese Sandwich on WG Bread Or WG Cereal / WG Muffin W/Orange Slices Fruit Juice/Milk</p> <p>Lunch WG Pepperoni Pizza Or Nachos w/WG Chips Baked Beans Steamed Broccoli Banana</p>	<p>Breakfast Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly Fruit /Fruit Juice/Milk</p> <p>Lunch Cheeseburger on WG Bun Or Chicken Sandwich on WG Bun Potato Wedges Lettuce/Tom/Dill Spears Peaches</p>	<p>Breakfast Steak Biscuit (WG) Or WG Cereal/WG Biscuit/Jelly W/Mixed Fruit Cup Fruit Juice/Milk</p> <p>Lunch BBQ Sandwich on WG Bun Or Hot Wings w/WG Breadsticks Yam Patties Black Eyed Peas Pear Slices</p>	<p>Breakfast WG Pancake Pup Or WG Cereal/WG Toast/Jelly W/Orange Sections Fruit Juice/Milk</p> <p>Lunch Beefaroni Or Egg Roll Niblet Corn Garden Salad w/Tomatoes WG Roll Pineapple Chunks</p>	<p>Breakfast Chicken Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Grapes/Fruit Juice/Milk</p> <p>Lunch Chicken Strips w/WG Roll Or Hot Dog on WG Bun French Fries Green Peas Applesauce</p>	<p>Breakfast WG Blueberry Muffin w/Sunflower Seeds Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk</p> <p>Lunch WG Cheese Pizza Or Nachos w/WG Chips Baked Beans Steamed Broccoli Chilled Strawberries</p>	<p>Breakfast Ham Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk</p> <p>Lunch Hamburger on WG Bun Or WG Toasted Ham & Cheese Sandwich Potato Wedges Lettuce/Tom/Dill Spears Peaches</p>	<p>Breakfast WG Breakfast Pizza Or WG Cereal/WG Toast/Jelly W/Fruit Cup/Apple Juice Milk</p> <p>Lunch Teriyaki Chicken Nuggets Or Hot Wings Steamed Carrots Black Eyed Peas WG Breadsticks Pear Slices</p>	<p>Breakfast Whole Wheat Sweet Roll Cheese Stick Or WG Cereal /WG Toast W/Apple Sauce Fruit Juice/Milk</p> <p>Lunch Spaghetti Or Egg Roll Niblet Corn Garden Salad w/Tomatoes WG Breadsticks Pineapple Chunks</p>	<p>Breakfast Steak Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Chilled Strawberries Orange Juice/Milk</p> <p>Lunch Chicken Strips w/WG Roll Or WG Corn Dog Steamed Carrots Green Beans Applesauce</p>	<p>Breakfast Grilled Cheese Sandwich on WG Bread Or WG Cereal / WG Muffin W/Orange Slices Fruit Juice/Milk</p> <p>Lunch WG Pepperoni Pizza Or Nachos w/WG Chips Baked Beans Steamed Broccoli Banana</p>	<p>Breakfast Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly Fruit /Fruit Juice/Milk</p> <p>Lunch Cheeseburger on WG Bun Or Chicken Sandwich on WG Bun Potato Wedges Lettuce/Tom/Dill Spears Peaches</p>
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