

# December 2016

# WJW Menu

\*WG = Whole Grain

			1 <b>Breakfast</b> Breakfast Cup Or WG Cereal/WG Muffin W/Orange Slices Fruit Juice/Milk <b>Lunch</b> WG Pepperoni Pizza Or Nachos w/WG Chips Baked Beans Steamed Broccoli Banana	2 <b>Breakfast</b> Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Fruit/Fruit Juice/Milk <b>Lunch</b> Cheeseburger on WG Bun Or Grilled Chicken Sandwich on WG Bun Potato Wedges Lettuce/Tom./Dill Spears Fruit Mix w/Cool Whip
5 <b>Breakfast</b> WG Breakfast Pizza Or WG Cereal/WG Toast/Jelly W/Fruit Cup/Apple Juice Milk <b>Lunch</b> Teriyaki Chicken Nuggets Or Hot Wings Steamed Carrots Black Eyed Peas WG Breadsticks Pear Slices	6 <b>Breakfast</b> Pancakes w/Syrup Or WG Cereal /WG Toast W/Apple Sauce Fruit Juice/Milk <b>Lunch</b> Spaghetti Or Egg Roll Niblet Corn Garden Salad w/Tomatoes WG Breadstick (1) Pineapple Chunks WG Chocolate Chip Cookie	7 <b>Breakfast</b> Steak Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Chilled Peaches Orange Juice/Milk <b>Lunch</b> Chicken Bites w/WG Roll Or WG Corn Dog Mashed Potatoes Green Beans Apple Sauce	8 <b>Breakfast</b> Breakfast Cup Or WG Cereal / WG Muffin W/Orange Slices Fruit Juice/Milk <b>Lunch</b> WG Pepperoni Pizza Or Mexican Fajitas (2) Baked Beans Steamed Broccoli Banana	9 <b>Breakfast</b> Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly Fruit /Fruit Juice/Milk <b>Lunch</b> Cheeseburger on WG Bun Potato Wedges Lettuce/Tom/Dill Spears Fruit Mix w/Cool Whip <b>Early Release Day</b> <b>*1Entree Choice</b>
12 <b>Breakfast</b> Steak Biscuit (WG) Or WG Cereal/WG Biscuit/Jelly W/Mixed Fruit Cup Fruit Juice/Milk <b>Lunch</b> BBQ Sandwich on WG Bun Or Hot Wings w/WG Breadsticks Baked Potato Black Eyed Peas Apple Slices	13 <b>Breakfast</b> WG Pancake Pup Or WG Cereal/WG Toast/Jelly W/Orange Sections Fruit Juice/Milk <b>Lunch</b> Beefaroni Or Egg Roll Niblet Corn Garden Salad WG Breadstick (1) Pineapple Chunks Christmas Cookie	14 <b>Breakfast</b> Ham Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Grapes/Fruit Juice/Milk <b>Christmas Lunch</b> Turkey/Dressing Or Chicken Strips Yam Patties Green Beans Krystal Bun Peach Cups	15 <b>Breakfast</b> Morning Sausage Roll Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk <b>Lunch</b> WG Cheese Pizza Baked Beans Steamed Broccoli Frozen Strawberry Sidekick	16 <b>Student Holiday Teacher Workday</b>
19	20	21	22	23
<b>Christmas Holidays</b>				
26	27	28	29	30
<b>Christmas Holidays</b>				