

February 2017

WJW



*WG = Whole Grain

		<p>1 Breakfast Breakfast Cup Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk</p> <p>Lunch Corn Dog Or Nachos w/WG Chips Baked Beans Lettuce/Tom/Dill Spears Banana WG Sugar Cookie</p>	<p>2 Breakfast Grilled Cheese Sandwich On WG Bread Or WG Cereal /WG Toast w/Chilled Peaches Fruit Juice/Milk</p> <p>Lunch Mexican Fajitas Or Grilled Chicken Sandwich on WG Bun Salsa w/Tortilla Chips Steamed Broccoli Frozen Strawberry Sidekicks</p>	<p>3 Breakfast Egg Munchie w/WG Toast Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk</p> <p>Lunch Cheeseburger on WG Bun Potato Wedges Steamed Carrots Orange Sections Early Release Day</p>
<p>6 Breakfast WG Breakfast Pizza Or WG Cereal/WG Toast/Jelly W/Fruit Cup/Apple Juice Milk</p> <p>Lunch Beefaroni Or Chicken Nuggets Tiny Whole Potatoes Green Beans WG Bread Sticks Pear Halves</p>	<p>7 Breakfast Ham Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Orange Sections Fruit Juice/Milk</p> <p>Lunch Cheese Quesadillas Or WG Fish Filet Sandwich On WG Roll Baked Beans Garden Salad w/Tomatoes Pineapple Chunks</p>	<p>8 Breakfast WG French Toast Sticks w/Syrup Or WG Cereal/WG Toast/Jelly W/Fruit/Fruit Juice Milk</p> <p>Lunch Oven Roasted Chicken Or WG Hot Dog Steamed Carrots Niblet Corn Apple Slices WG Sugar Cookie</p>	<p>9 Breakfast WG Pancake Pup Or WG Cereal/WG Toast/Jelly W/Chilled Apricots Fruit Juice/Milk</p> <p>Lunch Pork Loin Or Chicken Bites Mashed Potatoes Turnip Greens WG Roll Banana</p>	<p>10 Breakfast Chicken Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit W/Apple Sauce Fruit Juice/Milk</p> <p>Lunch WG Pepperoni Pizza Or WG Cheese Burger Oven Fries California Vegetables Fruit Cocktail</p>
<p>13 Breakfast Whole Wheat Sweet Roll Cheese Stick Or WG Cereal /WG Toast W/Apple Sauce Fruit Juice/Milk</p> <p>Lunch Teriyaki Chicken Nuggets w/WG Roll Or Chicken Sandwich on WG Bun Steamed Carrots Black Eyed Peas Pear Halves</p>	<p>14 Breakfast Steak Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Pineapple Chunks Orange Juice/Milk</p> <p>Lunch Chili w/WG Crackers Or Hot Dog on WG Bun Baked Potato Steamed Broccoli Apple Slices WG M&M Cookie</p>	<p>15 Breakfast Grilled Cheese Sandwich on WG Bread Or WG Cereal / WG Muffin W/Orange Slices Fruit Juice/Milk</p> <p>Lunch Oven Roasted Chicken Or Hot Wings Brown Rice Green Beans Mixed Fruit</p>	<p>16 Breakfast Sausage Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly Fruit /Fruit Juice/Milk</p> <p>Lunch BBQ Sandwich on WG Bun Or Cheeseburger on WG Bun Potato Wedges Garden Salad w/Tomatoes Chilled Apricots</p>	<p>17</p> <p>Student Holiday Teacher Workday</p>
<p>20</p> <p>President's Day Holiday</p>	<p>21 Breakfast Steak Biscuit (WG) Or WG Cereal/WG Biscuit/Jelly W/Mixed Fruit Cup Fruit Juice/Milk</p> <p>Lunch WG Chicken Bites or Baked Ham Lima Beans Yam Patties WG Roll Apple Sauce</p>	<p>22 Breakfast WG Pancake Pup Or WG Cereal/WG Toast/Jelly W/Chilled Strawberries Fruit Juice/Milk</p> <p>Lunch Grilled Cheese Sandwich On WG Bread Vegetable Soup W/WG Crackers Sunflower Seeds Breaded Okra Banana</p>	<p>23 Breakfast Chicken Biscuit (WG) Mustard/Jelly Or WG Cereal/WG Biscuit/Jelly W/Grapes/Fruit Juice/Milk</p> <p>Lunch Lasagna w/WG Noodles Or WG Pepperoni Pizza Niblet Corn Garden Salad w/Tomatoes Pineapple Chunks WG Chocolate Chip Cookie</p>	<p>24 Breakfast WG Blueberry Muffin w/Sunflower Seeds Or WG Cereal/WG Toast/Jelly W/Apple Slices Fruit Juice/Milk</p> <p>Lunch Cheese Quesadillas Or WG Fish Filet Sandwich On WG Bun Baked Beans Tiny Whole Potatoes Orange Sections</p>
<p>27 Breakfast WG Morning Sausage Roll Or WG Cereal /WG Toast W/Pear Halves Fruit Juice/Milk</p> <p>Lunch Chicken Strips w/WG Roll Or BBQ Sandwich on WG Bun French Fries Lima Beans Apple Sauce</p>	<p>28 Breakfast WG Breakfast Pizza Or WG Cereal/Graham Crackers W/Orange Sections Fruit Juice/Milk</p> <p>Lunch Spaghetti w/WG Breadsticks Or Egg Roll Niblet Corn Garden Salad w/Tomatoes Pineapple Chunks</p>	<p>March 1 Breakfast Breakfast Cup Or WG Cereal/WG Toast/Jelly W/Apple Slices/Fruit Juice/ Milk</p> <p>Lunch Corn Dog Or Nachos w/WG Chips Baked Beans Lettuce/Tom/Dill Spears Banana WG Sugar Cookie</p>	<p>2 Breakfast Grilled Cheese Sandwich On WG Bread Or WG Cereal /WG Toast w/Chilled Peaches Fruit Juice/Milk</p> <p>Lunch Mexican Fajitas Or Grilled Chicken Sandwich on WG Bun Salsa w/Tortilla Chips Steamed Broccoli Frozen Strawberry Sidekick</p>	<p>3 Breakfast Egg Munchie w/WG Toast Or WG Cereal/WG Biscuit W/Fruit Fruit Juice/Milk</p> <p>Lunch Cheeseburger on WG Bun Or Hot Wings w/Krystal Bun Potato Wedges Steamed Carrots Orange Sections</p>